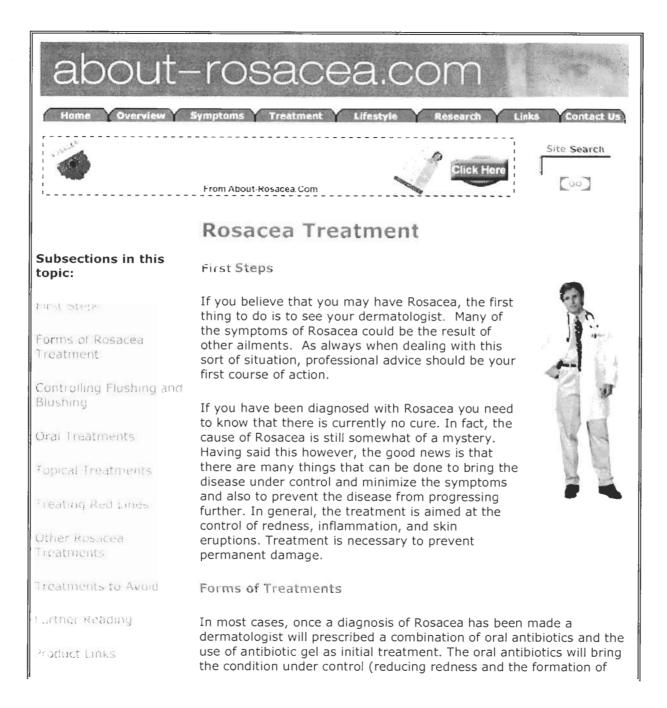
第19号

出典:インターネット

メトロニダゾール単剤外用剤を酒さの治療に使用

抗炎症作用





papules and pustules), then the topical treatments will be used to keep the symptoms under control. In all cases the dermatologist should help to determine the relevant lifestyle factors which may need modification to keep flushing/blushing from occurring.

Long term use of Oral Antibiotics is not recommended due to a number of side effects which may occur including sun sensitivity and upset stomach.

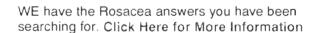
A couple of important notes:

- It may take several weeks or more to see any improvement in the condition
- Since Rosacea cannot be cured it will often be necessary to continue with topical treatment (and modification of lifestyle factors) even after symptoms have been reduced or have disappeared. Your dermatologist will make a recommendation based on your particular situation.

Sponsor's Site

Skin Rx Clinic.com

Come to Skin Rx for solutions to your Rosacea. From Mineral Cosmetics to Soothing Skin Care & Sun Blocks that really work!





Controlling Flushing and Blushing

It is important to control the flushing & blushing aspects of Rosacea to help prevent the Rosacea from becoming worse. This can be accomplished through various forms of treatment described below as well through life style adjustments.

Treatments Taken Orally

- Oral antibiotics used in rosacea treatment are tetracycline;
 Minocina/minocycline; erythromicin
- An alternative is a medication which is similar to Vitamin A called Isotretinoin (sold under the brand names of Accutane or Reaccutane) that is sometimes effective against severe papopustular rosacea. According to the Rosacea FAQ (see below) It works by inhibiting sebaceous gland function and physically shrinking the glands and, since it has potent anti-inflammatory properties, it is ideal to treat resistant rosacea. [Note that Isotretinoin is not to be taken by women who are, or may become pregnant due to the risk of birth defects.]

Topical Treatments

- Metronidazole In 1989 metronidazole was approved as the first topical treatment specifically for rosacea. It can help to reduce rosacea flare-ups once the rosacea is brought under control. In North America Metronidazole is sold under various brand names including Metrogel (and Metrolotion & Metrocream, all 3 contain .75% metronidazole and are manufacturered by Galderma Laboratories, Inc.) and Noritate (1% metronidazole cream). In Australia and New Zealand the equivalent of Metrogel is called Rozex. Metrocream, Metrolotion and Noritate are not available in Australia.
- Rosacea-Ltd III·nbsp; The Rosacea-Ltd website claims that aimost all users notice a substantial change within 40 days. The product contains zinc oxide, manganesium sterate, sodium chloride, iron oxide, polyethylene glycol, and sulfur. Rosacea-Ltd III costs \$84.00 which will apparently last 9 - 12 months and can be ordered from the Rosacea Ltd website.
- MZEIGIC ACID, a treatment sometimes used for acne, has been shown to be effective in treating papules & pustules.

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